

No Get Hurt Hawaii: Prevent injuries. Clip and share this with someone you know.

Violence isn't always this obvious.



A reminder from the Hawaii State Department of Health and its community partners.



Every day in Hawaii, more than 50 women are physically or emotionally abused by their intimate partners.

NO GET HURT Hawaii

To help keep others you know and care about safe, know the warning signs of abuse and domestic violence.

- "Accidental" injuries due to "clumsiness" or "carelessness"
- Depression, anxiety or unusual reactions
- Receiving frequent, harassing phone calls
- Fear of the partner and references to his/her anger or making excuses for partner's behavior
- Withdrawal from friends or family
- Frequent or sudden absences from work
- Call 832-9316 (HSCADV, statewide) or 531-3771 (DVAC, Oahu) if you suspect abuse. Call 911 if you hear or see abuse occurring.
- 567-6888 (Hale Ho'omalau, Molokai)
- 245-8404 (YWCA, Kauai)
- 579-9581 (Women Helping Women, Maui and Lanai)
- 322-7233 (Turning Point for Families, Hawaii)
- 959-8864 (CFS, Hawaii)

Violence is preventable.

www.nogethurt.hawaii.gov